
About Us

At Health First Pharmacy we address your individual medication needs through custom compounding.

- We prepare medications to "fit" you, the patient, with the appropriate dosage, strength and form.
- We flavor medication to your preferred tastes, benefitting you, your children and pets.
- We offer alternate routes of medications delivery including creams, lollipops, lozenges, chewables, popsicles, topical gels, and combination capsules. We offer unique compounded solutions for your pets including horses, aviary and exotic.
- We meet the needs of peri-menopausal and menopausal women as well as men (andropause) through the use of plant derived, bio-identical hormones.
- We offer saliva home test kits for hormone testing.
- We provide blood spot testing for home testing.
- We can help you develop a person health plan by scheduling a "one-on-one" consultation with our pharmacist. We will help you determine which supplements address your needs, as well as how and when to take them.
- We provide nutritional advice and lifestyle counseling.

We "pull it all together": lifestyle, diet, pharmacology, herbal remedies, nutrients, minerals, and vitamins...all this and more from your pharmacist, Mark Burger, Pharm.D.

Address 9070 Windsor Rd., Windsor, CA 95492

Phone 707-837-7948 Fax 707-837-7949 Email mark@healthfirstpharmacy.net

Compounded Prescriptions

Please allow at least 2 business days for new Rx's & refills. Please refer to your 6 DIGIT PRESCRIPTION NUMBER when re-ordering. We make a courtesy refill call to you on the Weekend before your prescriptions are due in the next week.

Please take advantage of this service and re-order ahead of time.

Thank you!